

Union Hills Family Dentistry
18475 North 91st Avenue #1
Peoria, Arizona 85382

We would like to introduce our office to all our new patients. We would like you to know we take the upmost pride and respect when it comes to our patients and their oral health. For, this reason we would like to take the time to explain to you the different types of cleanings which include: Prophylaxis, Full Mouth Debridement, and Periodontal Scaling and Root Planning. Please read below for more information.

Routine Prophylaxis for adult and children (simple cleaning) –This type of cleaning is intended for the patient who presents with a minimal of tartar ,plaque, staining, and has healthy gums. Patients who fall under this category must have gum pocket measurements of 3mm or less with little to no gum inflammation.

Full Mouth Debridement –.This type of cleaning is intended for patients who have not had a cleaning in a long time and/or presents with heavy tartar build up. Without removing the heavy build up the dentist or dental hygienist cannot effectively evaluate the true health of your gums and bone. This type of cleaning takes 2 or more visits to complete.

Periodontal Scaling and Root Planning –The purpose of this type of cleaning is to remove tartar, plaque and bacteria from below the gums and to create a smooth root surface. The goal is to arrest the progression of periodontal disease (infection of gums and bone). Patients who require this type of cleaning have pocket measurements grater than 3 mm and are showing signs of bone destruction.

Periodontal Maintenance- This type of cleaning is for people with a history of periodontal disease, bone loss and deeper pockets. Typically every 3-4 months in order to minimize the accumulation of plaque, bacteria, and tartar at the base of pockets where you are unable to reach with normal home care devices.

I understand and agree to the proper cleaning to maintain and improve my oral health.

Date: _____

Printed Name: _____

Signature: _____